

INTERNATIONAL COCONUT OIL CONFERENCE

30-31 October 2023, Lumire Hotel and Convention Center, Jakarta, Indonesia

“Rethinking Saturated Fat, Boosting Coconut Oil-Linked Health”

PROVISIONAL AGENDA

DAY 1 - MONDAY, 30 OCTOBER 2023

09.00 – 09.30 Registration

09.30 – 10.00 OPENING SESSION [Group Photo after Session]

Welcome Address by DR. JELFINA C. ALOUW, Executive Director, ICC, Jakarta, Indonesia

Introduction of Conference by DR. FABIAN DAYRIT, Chair, ICC-Scientific Advisory Committee on Health (SACH)

Opening Address by MR. DJATMIKO BRIS WITJAKSONO, MSIE, Director General, International Trade Negotiation, Ministry of Trade & ICC NLO, Republic of Indonesia

10.00 – 10.30 Networking Tea/Coffee

SESSION I: REVIEW AND STATUS OF RESEARCH WORK DONE ON FACTS AND MISCONCEPTION IN THE DYNAMIC WORLD OF COCONUT OIL AND SATURATED FATS

Chairperson: TBA

10.30 – 11.00 1st Keynote Presentation

Rethinking Saturated Fat: How Erroneous Definitions of Saturated Fat Have Led to Erroneous Dietary Guidelines

DR. FABIAN DAYRIT, Professor of Chemistry of the Department of Chemistry, School of Science and Engineering, Ateneo de Manila University and Chair, ICC SACH

11.00 – 11.30 2nd Keynote Presentation

How Natural SFA and Man-Made Trans Fats became grouped in Dietary Guidelines

DR. MARY T. NEWPORT, Spring Hill Neonatology Inc., Florida, USA

11.30 – 12.00 3rd Keynote Presentation

Positive Attributes of Coconut Oil and Saturated Fat

DR. PIPRIM BASARAH YANUARSO, Head of IDAI, Indonesia

12.00 – 12.30 Discussion

12.30 – 13.30 Networking Lunch

**SESSION II: CLINICAL STUDY PAPERS CONTRIBUTED BY THE RESEARCHERS OF
VARIOUS COUNTRIES ON THE NUTRITION & HEALTH ASPECTS OF
COCONUT OIL, LAURIC ACID, KETONES AND HOW IT'S DIFFERENT
FROM TRANS FATS**

Chairperson: **DR. FABIAN DAYRIT**, Professor of Chemistry of the Department of Chemistry, School of Science and Engineering, Ateneo de Manila and Chair, ICC-SACH

13.30 – 14.00	<i>Coconut Oil Source of Potential Anti-Cancer Agents</i> DR. AMIT GHOSH , Additional Professor, Department of Physiology, All India Institute of Medical Sciences, Bhubaneswar, Odisha, India
14.00 – 14.30	<i>Coconut Oil as a Rich Source of Medium-Chain Triglycerides to Help Protect Against Alzheimer's</i> PROF. RALPH MARTIN AO , Macquarie University and Edith Cowan University, Australia
14.30 – 15.00	<i>Optimizing Diabetic Health: Exploring the Remarkable Benefits of Virgin Coconut Oil</i> DR. ZAINAL GANI , Malang, Indonesia
15.00 – 15.30	Networking Tea/Coffee
15.30 – 16.00	<i>Saturated Fats and Health: A Reassessment and Proposal for Food-Based Recommendations</i> DR. ARNE ASTRUP , Senior Vice President, Obesity and Nutritional Sciences, Novo Nordisk Fonden, Denmark
16.00 – 16.30	<i>Lauric Acid and Monolaurin from Virgin Coconut Oil: Unveiling their Antiviral Potential against Arbovirus Infection</i> DR. SINEEWANLAYA WICHIT , Assistant Professor, Department of Clinical Microbiology and Applied Technology, Mahidol University, Thailand
16.30 – 17.00	Discussion

DAY 2 - TUESDAY, 31 OCTOBER 2023

**SESSION III: COUNTRY PRESENTATIONS – IMPORTANCE OF COCONUT OIL FOR THE
FOOD SECURITY-STRATEGIES AND POLICIES TO FACE THE GLOBAL
CHALLENGES BY THE MAJOR COCONUT GROWING COUNTRIES**

Chairperson: **DR. MARY T. NEWPORT**, Spring Hill Neonatology Inc., Florida, USA

09.00 – 09.30	<i>INDIA: Oils, Oil Powders, Oleogels and 3D Printed Forms: Health Benefits and Expanding Avenues in Value Added Products from Coconut</i> DR. JEYAN ARTHUR MOSES , Assistant Professor, National Institute of Food Technology, Entrepreneurship and Management - Thanjavur (NIFTEM - T), India
09.30 – 10.00	<i>PHILIPPINES: Importance and Use of Coconut Oil in the Philippines</i> MR. BERNIE F. CRUZ , Administrator, Philippines Coconut Authority, Philippines
10.00 – 10.30	Networking Tea/Coffee

10.30 – 11.00	SRI LANKA: Novel Nutritional Aspects of Coconut Oil SENIOR PROF. KAPILA N. SENAVIRATNE, University of Kelaniya, Sri Lanka
11.00 – 11.30	INDONESIA: Importance and Use of Coconut Oil in Indonesia Sam Ratulangi University, Manado, North Sulawesi, Indonesia
11.30 – 12.00	Discussion
12.00 – 13.00	Networking Lunch

SESSION IV: TECHNOLOGY INNOVATED AND ADOPTED FOR THE SUSTAINABLE DEVELOPMENT OF COCONUT OIL SUPPLY CHAIN FOR THE CONSUMERS NUTRITIONAL BENEFIT

Chairperson: TBA

13.00 – 14.30	MR. BIPIN ODHEKAR , Head – Operations Excellence, Marico Limited, Mumbai, India <i>Role of Coconut Coalition of America in Sustainable Coconut Development and Supply Chain</i> MR. LEN MONHEIT , Executive Director, Coconut Coalitions of the America (CCA) Indonesia: Cargill
14.30 – 15.30	Call for Paper Presentation
15.30 – 15.45	Networking Tea/Coffee Break
15.45 – 16.00	Discussion
16.00 – 16.15	Recommendations and Way Forward
16.15 – 16.45	Closing Session and Adjournment
