

# INTERNATIONAL COCONUT OIL CONFERENCE

30–31 October 2023, Lumire Hotel and Convention Center, Jakarta, Indonesia

“Rethinking Saturated Fat, Boosting Coconut Oil–Linked Health”

## PROVISIONAL AGENDA

### DAY 1 – MONDAY, 30 OCTOBER 2023

09.00 – 09.30 Registration

09.30 – 10.00 OPENING SESSION [Group Photo after Session]

Welcome Address by **DR. JELFINA C. ALOUW**, Executive Director, ICC, Jakarta, Indonesia

Introduction of Conference by **DR. FABIAN DAYRIT**, Chair, ICC–Scientific Advisory Committee on Health (SACH)

Opening Address by **MR. DJATMIKO BRIS WITJAKSONO**, MSIE, Director General, International Trade Negotiation, Ministry of Trade & ICC NLO, Republic of Indonesia

10.00 – 10.30 Networking Tea/Coffee

#### SESSION I: REVIEW AND STATUS OF RESEARCH WORK DONE ON FACTS AND MISCONCEPTION IN THE DYNAMIC WORLD OF COCONUT OIL AND SATURATED FATS

Chairperson: **TBA**

10.30 – 11.00 1<sup>st</sup> Keynote Presentation

*Rethinking Saturated Fat: How Erroneous Definitions of Saturated Fat Have Led to Erroneous Dietary Guidelines*

**DR. FABIAN DAYRIT**, Professor of Chemistry of the Department of Chemistry, School of Science and Engineering, Ateneo de Manila University and Chair, ICC SACH

11.00 – 11.30 2<sup>nd</sup> Keynote Presentation

*How Natural SFA and Man–Made Trans Fats became grouped in Dietary Guidelines*

**DR. MARY T. NEWPORT**, Spring Hill Neonatology Inc., Florida, USA

11.30 – 12.00 3<sup>rd</sup> Keynote Presentation

*Positive Attributes of Coconut Oil and Saturated Fat*

**DR. PIPRIM BASARAH YANUARSO**, Head of IDAI, Indonesia

12.00 – 12.30 Discussion

12.30 – 13.30 Networking Lunch

## SESSION II: CLINICAL STUDY PAPERS CONTRIBUTED BY THE RESEARCHERS OF VARIOUS COUNTRIES ON THE NUTRITION & HEALTH ASPECTS OF COCONUT OIL, LAURIC ACID, KETONES AND HOW IT'S DIFFERENT FROM TRANS FATS

Chairperson: **DR. FABIAN DAYRIT**, Professor of Chemistry of the Department of Chemistry, School of Science and Engineering, Ateneo de Manila and Chair, ICC–SACH

<b>13.30 – 14.00</b>	<i>Coconut Oil Source of Potential Anti–Cancer Agents</i> <b>DR. AMIT GHOSH</b> , Additional Professor, Department of Physiology, All India Institute of Medical Sciences, Bhubaneswar, Odisha, India
<b>14.00 – 14.30</b>	<i>Coconut Oil as a Rich Source of Medium–Chain Triglycerides to Help Protect Against Alzheimer’s</i> <b>PROF. RALPH MARTIN AO</b> , Macquarie University and Edith Cowan University, Australia
<b>14.30 – 15.00</b>	<i>Optimizing Diabetic Health: Exploring the Remarkable Benefits of Virgin Coconut Oil</i> <b>DR. ZAINAL GANI</b> , Malang, Indonesia
<b>15.00 – 15.30</b>	<b>Networking Tea/Coffee</b>
<b>15.30 – 16.00</b>	<i>Saturated Fats and Health: A Reassessment and Proposal for Food–Based Recommendations</i> <b>DR. ARNE ASTRUP</b> , Senior Vice President, Obesity and Nutritional Sciences, Novo Nordisk Fonden, Denmark
<b>16.00 – 16.30</b>	<i>Lauric Acid and Monolaurin from Virgin Coconut Oil: Unveiling their Antiviral Potential against Arbovirus Infection</i> <b>DR. SINEEWANLAYA WICHIT</b> , Assistant Professor, Department of Clinical Microbiology and Applied Technology, Mahidol University, Thailand
<b>16.30 – 17.00</b>	<b>Discussion</b>

## DAY 2 – TUESDAY, 31 OCTOBER 2023

## SESSION III: COUNTRY PRESENTATIONS – IMPORTANCE OF COCONUT OIL FOR THE FOOD SECURITY–STRATEGIES AND POLICIES TO FACE THE GLOBAL CHALLENGES BY THE MAJOR COCONUT GROWING COUNTRIES

Chairperson: **DR. MARY T. NEWPORT**, Spring Hill Neonatology Inc., Florida, USA

<b>09.00 – 09.30</b>	<i>INDIA: Oils, Oil Powders, Oleogels and 3D Printed Forms: Health Benefits and Expanding Avenues in Value Added Products from Coconut</i> <b>DR. JEYAN ARTHUR MOSES</b> , Assistant Professor, National Institute of Food Technology, Entrepreneurship and Management – Thanjavur (NIFTEM – T), India
<b>09.30 – 10.00</b>	<i>PHILIPPINES: Importance and Use of Coconut Oil in the Philippines</i> <b>MR. BERNIE F. CRUZ</b> , Administrator, Philippines Coconut Authority, Philippines
<b>10.00 – 10.30</b>	<b>Networking Tea/Coffee</b>

10.30 – 11.00	<b>SRI LANKA: Novel Nutritional Aspects of Coconut Oil</b> <b>SENIOR PROF. KAPILA N. SENA VIRATNE</b> , University of Kelaniya, Sri Lanka
11.00 – 11.30	<b>INDONESIA: Importance and Use of Coconut Oil in Indonesia</b> Sam Ratulangi University, Manado, North Sulawesi, Indonesia
11.30 – 12.00	<b>Discussion</b>
12.00 – 13.00	<b>Networking Lunch</b>
<b>SESSION IV: TECHNOLOGY INNOVATED AND ADOPTED FOR THE SUSTAINABLE DEVELOPMENT OF COCONUT OIL SUPPLY CHAIN FOR THE CONSUMERS NUTRITIONAL BENEFIT</b>  Chairperson: TBA	
13.00 – 14.30	<b>MR. BIPIN ODHEKAR</b> , Head – Operations Excellence, Marico Limited, Mumbai, India <i>Role of Coconut Coalition of America in Sustainable Coconut Development and Supply Chain</i> <b>MR. LEN MONHEIT</b> , Executive Director, Coconut Coalitions of the America (CCA) Indonesia: Cargill
14.30 – 15.30	<b>Call for Paper Presentation</b>
15.30 – 15.45	<b>Networking Tea/Coffee Break</b>
15.45 – 16.00	<b>Discussion</b>
16.00 – 16.15	<b>Recommendations and Way Forward</b>
16.15 – 16.45	<b>Closing Session and Adjournment</b>